



LAZY GARDENER & FRIENDS

Houston Garden Newsletter



Mar-18-2022 | Issue 428

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Nature's Way Resources owner John Ferguson, "The Lazy Gardener" Brenda Beust Smith and Pablo Hernandez welcome your feedback and are so grateful to the many horticulturists who contribute their expertise

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SPRING FORWARD, CREPE CAUTIONS LOVELY LOUISIANA IRISES

Spring is Nature's way of saying, 'Let's Party!'

— Robin Williams

By **BRENDA BEUST SMITH**

SPRING OFFICIALLY ARRIVES SUNDAY! On the Vernal Equinox, the sun is directly above the Equator. Day and night are about equal length. What does that mean for gardeners? I tried to understand. Hope you have better luck:

<https://lisbdnet.com/how-are-solstices-and-equinoxes-related-to-the-seasons/>

If it gives you hope, Farmer's Almanac predicts our recent February frost was the last we'll see until Dec. 10, 2022. Of course, we may have droughts, hurricanes, floods, tornados, etc. But no more freezes!

* * *

HOPEFULLY, (BUT NOT LIKELY!) LAST WORD ON CREPE MURDER . . .

- **CREPE SPREADING TOO WIDE:** Cut off HORIZONTAL-growing

branches at the trunk. Let VERTICAL branches grow upward. If you want a healthy tree crepe, you need a vase-like profile.

- **NEVER CUT OFF ANY TREE BRANCHES GROWING VERTICALLY** (unless for safety reasons). "Topping" makes a tree weaker, more prone to insects, disease problems.
- **IF YOU WANT A LOW SPREADING CREPE, ASK FOR A "DWARF," "CREEPING" "MINIATURE" OR "WEEPING" CREPE.**



Don't accept "shrub" as an indication of future growth! Why? Crepes range from 5' to 30'! The crepe, a China import, is, in fact, the Official State SHRUB of Texas! (Note: we're the ONLY state with an official state shrub.)

If there were ever an incredibly popular plant that desperately needs a national organization, it's the crepe (or crape) myrtle! The [Crape Myrtle Society of America](#) started back in 2001, then apparently disappeared. Wish they'd reconvene and immediately ...

1. **Designate a single correct spelling!** 'Crepe,' describing the flower's look, comes from the French *crêpe*, a rippling, three-dimensional textured fabric. I like this one best. 'Crape' is a fabric usually associated with mourning. Both are used interchangeably. Then, they need to . . .
2. **Decide on size names!** The crepe myrtle name applies all the way from weeping crepes that cascade over at 3' to those that reach 30'. ALL are officially known as shrubs, officially: **Lagerstroemia Crape Myrtle**. Who decides these things? The [International Botanical Congress](#). (*Who else would tell you these things?*) Maybe the IBC could . . .
3. **Get growers to correctly label plants!** These days, if you want a lower-growing crepe, look for one designated "weeping," "dwarf," "miniature" or "petite." (Not "shrub".) These smaller-growers DO exist but you have to search for them!

Best advice: Buy only from a nurseryman you trust! Even then, relying on labels is tricky. I once bought four "WEEPING" crepes from a then-very reputable Houston nursery. Three grew about 3' high then spread vertically. The fourth towered over one story high by the time Harvey took away my 50+-year-old Lazy Gardener Laboratory (aka landscape).

* * *

PANIC NOT! HOUSTON ARBORETUM WON'T BE ON FIRE! Between March 23 and April 21, smoke rising above Memorial Park will be visible around the intersection of I-10W and 610 as a planned prescribed prairie burn will be conducted by Houston Fire Department, Texas Parks & Wildlife and the Houston Arboretum. [Keep up with HA&NC's many activities.](#)

* * *

LEARN MORE ABOUT NATIVE FLOWERS

- Texas Shooting Star (*Echeandia texensis*, *pictured*), a Texas native appreciated for its "beauty, nativity and drought/cold hardiness" is just one of the many

"Budding Out" treasures that will be celebrated at the [**JOHN FAIREY GARDEN's "Budding Out Plant Sale & Festival"**](#) on Sat., Mar. 19 at 10am, Hempstead area. In addition to Texas Shooting Star, sale plants will include many hard-to-find plants, including rare aroids, ficus, crotons, Hoyas, sansevieria, ferns and more. [**Sale Inventory**](#). Before you go: [**Plan your visit**](#). (Formally Peckerwood Gardens)



- **PRAIRIE TOURS** are an "IN" thing these days, great places to learn about landscape-friendly native flowers that thrive in your area. And also to see treasured land that is in increasingly-short supply in the rapidly expanding suburbs.



Next Month: Native Prairies Assn. of Texas'

"Twilight on the Prairie" fundraiser at Lawther - Deer Park Prairie,

April 23. Besides guara (pictured above) . . . "

Next month: [**Native Prairies Assn. of Texas' "Twilight on the Prairie"**](#) at [**Lawther - Deer Park Prairie**](#) on Sat., April 23. Besides guara (pictured above), you might get to see several milkweed species, Black-eyed Susan, Rosinweed and **pictured below . . .**

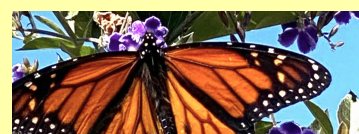


L to r: Giant Blue Salvia, Narrowleaf Sunflower, Passion Flower, Meadowpink, Gaillardia species (Indian Blanketflower) and Evening Primrose

- **ONE OF MY FAVORITE NATIVES: LOUISIANA IRIS.** I have several different ones, but none are bicolor, a treasure described in Monica Martins' Spotlight article below, as she shares a preview of her two upcoming LA iris talks — Sat., Mar. 26 and Sat., Apr. 2, both at Galveston County Extension office and gardens in Carbide Park, LaMarque. [**Seminars details**](#). While you're there, be sure and visit the [**Master Gardeners' outstanding Demonstration Gardens**](#). (YouTube tour)

* * *

TIP O' THE TROWEL to the [**Houston Gardening Facebook page**](#). Great job of sharing hands-on advice (especially with novices). Best part: multiple experienced gardeners quickly chime in



when wrong advice shared. Our subtropical pocket is unlike any other part of Texas, much less any other national area! **LOCAL ADVICE IS A MUST!**

* * *

FAVOR? IF SUBMITTING EVENTS FOR CALENDAR . . .

Event notices limited to 3 lines type. Type info, in exact calendar format, format, directly into email. so it can be copied/pasted into next issue.

NO event notices as pdf or jpg flyer. Otherwise, expect publication delay.

lazygardenerbrenda@gmail.com

* * *

Brenda Beust Smith's column in the

LAZY GARDENER & FRIENDS HOUSTON GARDEN NEWSLETTER

is based on her 40+ years as Houston Chronicle's Lazy Gardener

Email: lazygardenerbrenda@gmail.com

* * *



*AS bicolor irises age, colors can fade in unique ways.
Look for this natural change! Monica Martens photo*

**BICOLOR LOUISIANA IRISES
TWO FOR ONE GARDEN DELIGHTS!**

BY MONICA MARTENS

[Galveston County Master Gardeners](#)

Bicolor Louisiana irises are a two-for-one addition to the garden. They enhance color variety in the springtime. I have learned to appreciate this group of hybrids, for the striking color combinations they display.

Here is some botanical vocabulary to help visualize bicolor Louisiana irises. Each plant has a set of petals called the “standards” and a set of sepals called the “falls.” It’s natural to refer to them both as “petals,” but descriptions for irises make a distinction between the two for ease of identification. On a bicolor iris, the standards and falls are different colors.

Here are some of my favorites, all of which were obtained easily through nurseries. You can find information about them at [The American Iris Society's Iris Encyclopedia online wiki](#).



'EASTER TIDE' has lavender standards and light-yellow falls. Neither color is loud; rather they are muted and pastel. BotMonica Martins photos



'BAYOU TIGER' is similar, but the colors are both brighter and darker. The standards are purple, and the falls are gray-orange with brown veining, adding a further dimension to the overall color scheme.



'HOPE AND GLORY' has light lilac standards (which seem almost white) and deep lilac falls.



'COLORFIC' has pale lavender standards and red/purple falls. The standards have a beautiful purple line going through the center of each petal.



'GLOWLIGHT' is similar. The standards are white, and the falls are purple.

Here is a third way to think about bicolors. Some irises have been bred to have standards and falls of the same color but in slightly different shades.

'I REMEMBER YOU' is an example. The standards and falls are both rose, but the standards are a lighter shade. Also, as a flower ages the colors can fade in unique ways. If you are growing irises, look for this natural change.

Complementary colors, light and dark, and subtle differences in shading—these are three ways to think about bicolor Louisiana irises in the garden.

* * *

EDITOR'S NOTE: What to know more? Two chances! Monica will share much more at two LA iris talks on two upcoming Saturdays: March 26 and April 2. Details: galveston.agrilife.org/horticulture/mgseminars/

* * *



John's Corner



NEWS FROM THE WONDERFUL WORLD OF SOIL AND PLANTS # 188

A new plant database (sPlotOpen) is now available to the public as reported in the Journal Global Ecology & Biogeography (2021). The database was compiled by an international team of researchers from Martin Luther University Halle-Wittenburg, the German Center for Integrative Biodiversity Research and the French National Centre for Scientific Research.

Data from over 100,000 vegetative plots from 114 countries have been entered into the database. Each data point contains information on all of the plant species occurring at that location along with other information and covers the entire plant community.

A new study by researchers at Rice University suggests that some networks of mycorrhizal fungi embrace economic theory (Walrasian equilibrium behavior in nature), trading nutrients for carbon from plants. Proceedings of The National Academy of Science (2021).

Mycorrhizal fungi networks globally sequester 5 billion tons of carbon per year. When we till the soil, use toxic chemicals like fungicides we lose this benefit.

The non-profit organization Beyond Pesticides has a free e-newsletter on the dangers of pesticides and other toxic chemicals (www.beyondpesticides.org). Their website has a tremendous amount of information on these dangerous chemicals and how we can protect our families from children to pets.

A study by Emory University has isolated a chemical from the leaves of the European chestnut tree, that has the power to neutralize dangerous drug resistant staff bacteria. Traditional folk remedies in rural Italy inspired the research. Frontiers in Pharmacology 2021.

Other researchers have found that compounds from the Brazilian peppertree also have the ability to detoxify staph bacteria.

When I read an article like this the Bible verse “study nature and let it teach you” always comes to mind.

Last week we mentioned the danger of fluoride in products used in gardening and the harm to our health. Fluoride is found in many pesticides and other toxic agricultural chemicals, toothpaste, cosmetics and drinking water to name a few. Together these fluoride-based chemicals are called PFAS.

The Eco Watch e-newsletter had a summary of many studies published in peer reviewed journals that was on the many negative health impacts associated with per-and polyfluoroalkyl substances ([PFAS](#)) which is immunosuppression.

Now, evidence is emerging that exposure to these toxic forever chemicals may increase a person’s risk of contracting COVID-19 and experiencing a serious or potentially fatal case.

More reasons to garden organically.

The last couple of years the interest in growing vegetables and fruits in our backyards has exploded. To achieve maximum benefits, one has to take care of one's soil.

The organization “Eating Well” had a nice non-technical paper by Michael Behar on the relationship between microbes in the soil and our health. As the author states, “[Nutritious Food Starts with What’s in the Soil](#)”.

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LAZY GARDENER & FRIENDS HOUSTON GARDEN NEWSLETTER CALENDAR EVENTS

SUBMITTING EVENTS? PLEASE READ!

- *Only events submitted specifically to LG&F calendar are used*
- *Use our exact format, type into email, no pdfs/jpgs/flyers*
- *3 lines max allowed per entry. We will edit down if you don't.*

- Too long links activated by word "Details."
- Submit events to: lazygardenerbrenda@gmail.com

EVENTS ARE ON-SITE UNLESS OTHERWISE NOTED

FRI-SAT., MARCH 18-19: HERB SOCIETY OF AMERICA PIONEER UNIT 27TH ANNUAL HERB AND PLANT SALE 9am-5pm, Round Top Festival Institute, 248 Jaster Road, Round Top. herbsocietypioneer.org/events

FRI-SUN, MAR. 18-20: RICE HOLISTIC GARDEN SRING PLANT SALE, 10am-noon, Rice University Betty & Jacob Friedman Holistic Garden, 6100 University Blvd. garden@rice.edu, [Sale details](#).

SAT., MAR.19: INTRO TO HORTICULTURE THERAPY (Zoom) by **BETTY BAER; KAY HARNDEN**, 10-11am. Urban Harvest event. urbanharvest.org/stec_event/benefits-and-intro-to-horticulture-therapy/

SAT., MAR 19: CUCURBITS—SQUASH & CUCUMBER FAMILY by **KEVIN LANCON**, 9-11:30am. **SUCCESSFUL CONTAINER GARDENING** by **KAROLYN GEPHART**, 1-3. Register: [Sale details](#)

SAT., MAR. 19: THE JOHN FAIREY GARDEN BUDDING OUT PLANT SALE & FESTIVAL, 10am-4pm, 20559 FM 259 Rd., Hempstead. 979-826-3232

SAT., MARCH 19: NATIVE LANDSCAPES FOR BIRDS by **NPSOT Houston & Clear Lake Chapters**. Zoom 9am-4:15pm. \$50. Register: npsot.org/wp/nlcp/

FRI-SAT., MAR 25-26: NPSOT CLEAR LAKE CHAPTER NATIVE PLANT SALE. Zoom, Fri, Mar 25. 7pm. Shop in-person: Saturday only, 9-11am, University of Houston-Clear Lake, 2700 Bay Area Blvd. [Details](#).

FRI.-SAT., MAR. 25-26: MARCH MART, Fri: 9am-4pm; Sat. 8am-4pm, [Mercer Botanic Gardens](#), 22306 Aldine Westfield, Humble. Free. Fri AND SAT., MAR. 26, 8 am – 4 pm. [MARCH MART](#), 713-274-4166.

SAT., MAR. 26: BRAZORIA MASTER GARDENER CITRUS SPRING PLANT SALE, 9am - noon (no cash sales), Brazoria Environmental Education Station, 583 CR 443, Angleton. txmg.org/brazoria/, 979-864-1558

SAT., MAR. 26, HERB FESTIVAL AT THE WYNNE HOME 8am-2pm. Wynne Home Arts Center, [1428 11th St., Huntsville](#). The Herb Society of America/Thyme Unit event. texasthymeunit.org; 936-891-5024

SAT. MAR 26: IRISES FOR THE GULF COAST GARDEN by **MONICA MARTENS**, 9-11:30am. **RAINWATER HARVESTING** by **NAT GREUSEN**, 1-3pm. Register: galveston.agrilife.org/horticulture/mgseminars/

SAT., MAR. 26: BUILDING HEALTHY SOIL SAVES MONEY NOW by **JOHN FERGUSON**, 10:30am, Wabash Feed & Garden, 4537 N. Shepherd. Register: <https://bit.ly/3McOgqm>, wabashfeed.com

AT., MAR. 26: CYPRESS CREEK DAYLILY CLUB SPRING DAYLILY AND PERENNIAL PLANT SALE, 10am -2pm. Wunderlich Historical Farm Market, 18218 Theiss Mail Route Rd., Spring. Free.

SAT., MAR. 26-APR. 3: NEAR NORTHWEST MANAGEMENT DISTRICT VIRTUAL SPRING PLANT SALE, Presentation by **HEIDI SHEESLEY**, White Oak Conference Center. Pickup: Treeseach Farms. nnmd.org

FRI.-SAT., APR. 1-2: HOUSTON ARBORETUM & NATURE CENTER SPRING PLANT SALE, 9am-4pm, 120 West Loop North. houstonarboretum.org; 713-681-8433.

SAT., APR 2: MASTERS OPEN GARDEN DAY: LOUISIANA IRISES by **MONICA MARTINS**, 10am-noon, talk/tours, Galveston County Master Gardeners event. galveston.agrilife.org/horticulture/mgseminars/

WED., APRIL 6: GARDENERS BY THE BAY PLANT SALE 9:am-noon, Webster Presbyterian Church, 201 NASA Pkwy, Webster. 281-935-6442, leslie.j.wong@gmail.com

THURS., APR 7: BEING A TOUGH TEXAS GARDENER by **RANDY LEMMON**, 9am, Community Center, 21274 FM1098 Loop, Prairie View. Free. Waller County Master Gardeners event. Register: 979-826-7651 ext. 3068

THURS., APR. 7: STARTING PLANTS FROM CUTTINGS (virtual) by **PAUL WINSKI**, 10am, Free. Texas A&M Agrilife Extension event. Register: homegrown2022.eventbrite.com

SAT., APR.9: AN EDIBLE EDEN - TURNING YOUR LANDSCAPE INTO A BEAUTIFUL FOODSCAPE (Zoom) by **ANGELA CHANDLER**, 9:30-11:30am. Urban Harvest event. urbanharvest.org/education/classes/

SAT., APR.9: EDIBLE ACADEMY: SPRING GARDENING AND NUTRITION EDU by **CAROL BURTON**, 9 am-noon. Gregory Lincoln Education Center. Urban Harvest event. urbanharvest.org/education/classes/

SAT. APR 9: GRAFTING PECANS by **STEPHEN BRUEGGERHOFF**, 9-12NOON. Free. Galveston County Master Gardener event. Register: galveston.agrilife.org/horticulture/mgseminars/

SAT., APR. 9: HOME GROWN ROAD SHOW (virtual) by **PAUL WINSKI, BRANDI KELLER & SHANNON DIETZ**. 9am-noon., Trini Mendenhall Center, 1414 Wirt Rd. \$20. Harris County AgriLive event. [Register](#).

MON., APR. 11: COMPOSTING (virtual) by **HARRIS COUNTY MASTER GARDENERS**, 10-11:30am, HCMG/Houston Community College event. Free. Register: hccs.edu/community-learning-workshops

TUES., APR.12: URBAN COMPOSTING FOR SMALL SPACES by **CHRIS WOOD, MOONSHOT COMPOST** and **PHILIPPA JOHNSTONE**, 5:30-7pm. Urban Harvest Teaching Garden. Urban Harvest event. [Details](#).

FRI., APRIL 14: MAKE GARDENING EASIER by **DR. JOSEPH R. NOVAK**, 10am Trinity Episcopal Church, 1015 Holman. Free. Federation of Garden Clubs event. houstonfederationgardenclubs.org.

THURS., APR. 14: AMERICAN ROSE SELECTIONS by **PAT SHANLEY** (virtual), 7-9pm. meet.goto.com/875520813

SAT., APR. 16: HARRIS COUNTY MASTER GARDENER ONLINE PLANT & SPRING VEGETABLE SALE. hcmga.tamu.edu/plant-sales/. Pickup Mon., Apr. 18, Genoa Friendship Garden, 1210 Genoa Red Bluff Rd., on-site sale.

TUES., APR.19: CREATING SIMPLE GARDENS WITH NATIVE PRAIRIE PLANTS by **BETH CLARK**, 5-6pm: Sip and Stroll Garden Tour: 6-7pm: Program. Urban Harvest event. urbanharvest.org/education/classes/

MON., APR. 19: COMPOSTING (virtual) by **HARRIS COUNTY MASTER GARDENERS**, 11am-noon. Free. HCMG/Harris County Public Library event. facebook.com/harriscountyp/updates/

MON., APR. 18: GENOA FRIENDSHIP OPEN GARDEN DAY & PLANT/VEGETABLE SALE, 8:30-11am., 1210 Genoa Red Bluff Rd. Free. Harris County Master Gardener event. [Advance online orders.](#)

SAT., APR. 23: 2022 OLEANDER FESTIVAL, 9am-1pm, Betty Head Oleander Park, 2624 Sealy Ave., Galveston. Free. International Oleander Society event. oleander.org/

SAT. APR 23: INCREDIBLE EDIBLE HERBS by **GALVESTON COUNTY MASTER GARDENERS**. \$10. Register: galveston.agrilife.org/horticulture/mgseminars/

SAT., APR. 23: NATIVE PLANT SOCIETY SALE, 9:30-2:30, New World Botanical, 2701 Lone Star Parkway, Montgomery. Pines and Prairies Chapter - NPSOT event. Availability list: npsot.org/wp/pinesandprairies/

SAT-SUN, APR. 23-24: HERITAGE GARDENERS SPRING TOURS/MARKET, tours (\$15) 1-5 pm. Markets Sat. & Sun, 9am-5 pm, 112 W. Spreading Oaks, Friendswood. Heritage Gardeners on Facebook.

TUES., APR.26: THE WORMERY (Zoom) by **MEG TAPP**, 5-6pm. Urban Harvest event. urbanharvest.org/education/classes/

FRI.-SUN, APR. 29 - MAY 1: KINGWOOD GARDEN CLUB GARDENSAPES TOUR & PLANT SALE, Fri: 10am-4pm; Sat: 10am-4pm, Sun: 12pm-4pm. \$25. kingwoodgardenclub.org

SAT., APR. 30: BROMELIAD SOCIETY/HOUSTON SPRING SALE, 9am-4pm, Metropolitan Multi-services Center, 1475 W. Gray. Free. bromeliadsocietyhouston.org

TUES., MAY 10: GROWING PLUMERIAS, 7pm, (ZOOM & in-person), Cherie Flores Garden Pavillion, 1500 Hermann Dr. Free. Plumeria Society of America event. theplumeriasociety.org 281-796-7185

FRI., MAY 13: NATURE'S BURIAL, NATURAL LANDSCAPE AS YOUR LEGACY, by **KATY PRAIRIE CONSERVANCY**, 10am, Trinity Episcopal Church. 1015 Holman. Free. Federation of Garden Clubs event. [\(Details\)](#)

SAT.-SUN., MAY 21-22: BROMELIAD SOCIETY/HOUSTON ANNUAL SHOW-SALE, 9am-5pm Sat.; 11am-4pm Sun., Judson Robinson, Jr.

Community Center, 2020 Hermann Drive. bromeliadsocietyhouston.org

SAT., JUN 11: PLUMERIA SOCIETY SHOW & SALE, 5002 NASA Parkway, Bay Area Community Center, Seabrook, theplumeriasociety.org, 281-796-7185

TUES., JULY 12: GROWING PLUMERIAS, (Zoom & in-person), 7pm, Cherie Flores Garden Pavillion, 1500 Hermann Dr. Free. Plumeria Society of America event. theplumeriasociety.org 281-796-7185

SAT., JULY 23: PLUMERIA SOCIETY SHOW & SALE, 5002 NASA Parkway, Bay Area Community Center, Seabrook. theplumeriasociety.org, 281-796-7185

TUES., OCT 11: GROWING PLUMERIAS, (Zoom & in-person), 7pm, Cherie Flores Garden Pavillion, 1500 Hermann Dr. Free. Plumeria Society of America event. theplumeriasociety.org 281-796-7185

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please let them know you heard about it in . . .
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About Us

BRENDA BEUST SMITH

WE KNOW HER BEST AS THE LAZY GARDENER . . .

but Brenda Beust Smith is also:

- * a national award-winning writer & editor
- * a nationally-published writer & photographer
- * a national horticultural speaker
- * a former Houston Chronicle reporter

When the Chronicle discontinued Brenda's 45-year-old "Lazy Gardener" print column -- started in the early '70s as a fun side-project to reporting, it then ranked as the longest-running, continuously-published local newspaper column in the Greater Houston area.

Brenda's gradual sideways step from reporter into gardening writing -- first as a just-a-fun side Chronicle assignment in the early '70s, led first to an 18-year series of when-to-do-what ***Lazy Gardener Calendars***, then to her ***Lazy Gardener's Guide*** book which morphed into her ***Lazy Gardener's Guide on CD***, which she now emails free upon request.

A Harris County Master Gardener, Brenda has served on the boards of many Greater Houston area horticulture organizations and has hosted local radio and TV shows, most notably a 10+-year Lazy Gardener specialty shows on HoustonPBS (Ch. 8) and her call-in "EcoGardening" show on KPFT-FM.

For over three decades, Brenda served as Assistant Production Manager of the **GARDEN CLUB OF AMERICA'S "BULLETIN"** magazine. Although still an active broad-based freelance writer, Brenda's main focus now is **THE LAZY GARDENER & FRIENDS HOUSTON GARDEN NEWSLETTER** with John Ferguson and Pablo Hernandez of Nature's Way Resources.

A native of New Orleans and graduate of St. Agnes Academy and the University of Houston, Brenda lives in Humble, TX, and is married to the retired Aldine High School Coach Bill Smith. They have one son, Blake.

Regarding this newsletter, Brenda is the lead writer, originator of it and the daily inspiration for it. We so appreciate the way she has made gardening such a fun way to celebrate life together for such a long time.

JOHN FERGUSON

John is a native Houstonian and has over 27 years of business experience. He owns Nature's Way Resources, a composting company that specializes in high quality compost, mulch, and soil mixes. He holds a MS degree in Physics and Geology and is a licensed Soil Scientist in Texas.

John has won many awards in horticulture and environmental issues. He represents the composting industry on the Houston-Galveston Area Council for solid waste. His personal garden has been featured in several horticultural books and "Better Homes and Gardens" magazine. His business has been recognized in the Wall Street Journal for the quality and value of their products. He is a member of the Physics Honor Society and many other professional societies. John is the co-author of the book ***Organic Management for the Professional.***

For this newsletter, John contributes articles regularly and is responsible for publishing it.

PABLO HERNANDEZ

Pablo Hernandez is the special projects coordinator for Nature's Way Resources. His realm of responsibilities include: serving as a webmaster, IT support, technical problem solving/troubleshooting, metrics management and quality control.

Pablo helps this newsletter happen from a technical support standpoint.

